# Table of Contents

**Opening Words** ................................................. i

**Foreword** (For People with Hearing Loss) ................................ iii
  By Marilyn Dahl, PhD

**Foreword** (For the Hearing Health Industry) ................................ vii
  By Dr. Marshall Chasin

**Introduction** ...................................................... 1
  Hearing Loss is Not a Solo Act .................................. 2
  Facing the Facts .................................................. 5
  Reading The Way I Hear It ...................................... 6

**Heareflection:**
  I’ve Lost My Hearing (And I Want It Back) .................. 9

**Section One:**
  Looking in the Hearing Loss Mirror ...................... 11
  Becoming That Person ......................................... 12
  The Big Picture .................................................. 14